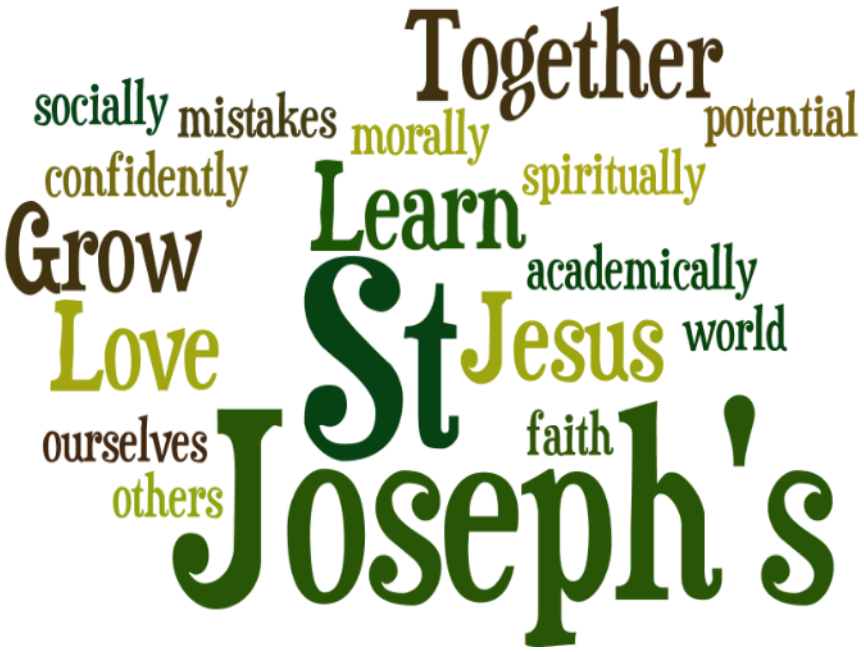
St. Joseph's
Catholic Primary School

PSHE Policy



Date approved:	**Lent 2026 (March)**
Date reviewed:	**Lent 2026**
Date for next review:	**Lent 2029**

St. Joseph's Catholic Primary School

Mission Statement:

At ST JOSEPH'S WE LOVE, LEARN AND GROW TOGETHER!

LOVE	LEARN	GROW
Love of our faith	Learn about our faith and Jesus	Spiritually
Love of Learning	Achieve our potential	Academically
Love life/the world	Learn from our mistakes	Morally
Love ourselves	Learn who we are / who I am	Confidently
Love others	Learn from others	Socially

Introduction

Personal, Social and Health Education promotes pupils' personal, social and emotional development, as well as their health and well-being. It helps to give children the knowledge and skills they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen.

Aims

At St. Joseph's we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We value PSHE and Citizenship in preparing children for the opportunities, responsibilities and experiences of adult life. In addition, we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions. We strongly believe in children having a 'growth mindset' and of being emotionally literate so that they are able to succeed academically. We believe in encouraging the Learning Behaviours of children through our Learning Characteristics. We are also aware of the way that PSHE supports many of the principles of Safeguarding. (See Safeguarding Policy).

At St. Joseph's we aim to help the children to:

1. Develop confidence and responsibilities and make the most of their abilities.
2. Prepare to play an active role as citizens.
3. Develop a healthy, safe lifestyle with the ability to make appropriate risk assessments.
4. Develop good relationships and respect the differences between people.
5. Make a positive contribution to the life of the school.
6. Respect and have an awareness of other's feelings and their own.

Organisation

The Teaching of PSHE at St. Joseph's follow the Ten:Ten 'Life to the Full' Programme, a Catholic-approved scheme for Relationship and Health Education (RHE). It covers statutory RHE, personal relationships, emotional wellbeing, and spiritual/moral development.

We teach PSHE on the first day of each half term, dedicating a whole day to the subject. The day finishes with a whole school assembly where children share what they have learnt and celebrate together. The learning from the day is displayed in the classroom – this is revisited during the half term so that the topics covered remain alive and active in the learning during the half term. Teachers keep track on this displayed document of when they have revisited aspects of the topic.

We introduce and develop PSHE topics through teaching in other subjects. For example, when teaching about local environmental issues in Geography. We also develop PSHE through various activities and whole school events such as Children in Need, Active Week and Children's Mental Health Week.

In our PSHE lessons we emphasise active learning by including the children in discussions, drama activities, circle-time and problem-solving situations.

Pupil Groups

Under the banner of STARS - **S**tudents **T**aking Action, **R**esponsibility & **S**ervice - there are many opportunities for children to take on positions of responsibility within school. The following groups (led by pupils) exist within school: Pupil Leadership Team, Faith Leaders, School Council, Librarians, Eco-Team, Active Ambassadors, Peer Mentors

These groups meet twice a half term to discuss issues in our school relating to their specific remits and how they can bring about developments or improvements.

Peer Mentors are a group of Year 6 pupils who support the social and emotional wellbeing of their peers in school. Pupils who wish to take this role apply for the position. They are then trained by Bucks Mind to fulfil this role and have a weekly rota to support play on the KS1 playground and in Reception and KS1 classrooms during soft start and wet playtimes. They support the children with games, managing equipment and promoting play.

PSHE and Citizenship enables children to practise specific skills in structured contexts and in their daily life including: -

1. Encouraging everybody to take responsibility for their actions through the agreement of the school's rules.
2. Involving children in their targets for learning, including responding to teacher's feedback in purple pen.
3. Focussing on the learning behaviours of children as shown through our Rainbow Characters-seeing these demonstrated throughout the school. (Resourceful, Attentive, Inquisitive, Nurturing, Brave, Open- Minded and Willing.) Children displaying these are acknowledged weekly in Celebration Assembly.
4. Encouraging children to recognise and respect differences between people. (Linked to British Values.)
5. The election of a School Council in a democratic manner, which actively develops the direction of the school.
6. Encouraging children to take responsibility for their behaviour. (see Behaviour Policy)
7. Use of Year 6 Peer Mentors to support and encourage play in Reception and Key Stage one.

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There are wider Opportunities for personal and social development at school. These include:-

1. The development of each child's ability to work as part of a team through the use of our school houses - St. George, St. Andrew, St. David and St. Patrick.
2. Planning class visits and trips which widen children's experiences beyond the immediate local environment.
3. Coming together as a school for assemblies to celebrate academic and personal achievements.
4. Planning events which encourage the school to work together for example: Book Week, Active Week, Parish Day, MacMillan Coffee Morning, Charity Day, Christmas Nativity – Carol Concert and Easter Passion Play.

Time Allocation

Each class teacher will allocate a whole day to PHSE per half term, and then revisit the themes and topics during the half term to revisit, refresh and embed learning.

Display

In each classroom there is a PSHE focus document displayed with key learning from the PSHE day. This is referred to by teachers when they are refreshing the children's learning.

Resources

Resources for PSHE are on Ten:Ten website. Each teacher has their own log in and they are responsible for ensuring the lessons are taught in the correct order. Resources are supplemented and adapted as appropriate for the topic or groups/individual pupils.

Monitoring

The PSHE Co-ordinator is responsible for the monitoring of the subject. This will include: pupil interviews, checking planning and work in floor books, drop in sessions when PSHE is timetabled and lesson observations.

PSHE lessons are recorded through the class floor book.

Responsibilities

The PSHE Co-ordinator is responsible for:

- Overseeing and implementing the policy.
- Writing an annual PSHE Action Plan for The School Improvement Plan and evaluating progress throughout the year.
- Monitoring the teaching and learning of PSHE.
- Attending INSET and providing staff with appropriate feedback.
- Providing and leading staff training relating to PSHE.
- Leading the Peer Mentors Group
- Each class teacher is responsible for delivering the three areas of PSHE (Healthy Lifestyle, Relationships and Living in the Wider World) to their class and using the Ten:Ten website to plan their lessons.

Review

This policy is reviewed tri-annually by the PSHE Coordinator and the LAC.