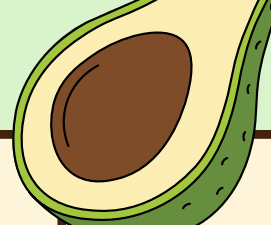
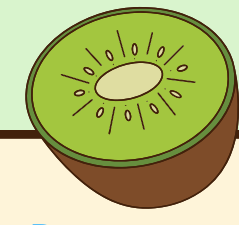




WEEK 1



WEEK 2



WEEK 3



Monday

Main Meals

Margarita **Pizza with Sweetcorn (V)
Baked Potato with *Cheese (V) (GF)
Lentil & Vegetable Chilli with Rice (VG) (GF)

Desserts

Fresh Fruit or Yogurt (VG)

Tuesday

‘Brunch Lunch’ Pork Sausage, Roasted Tomato, Hash Brown & Beans
‘Vegan Brunch’ Vegan Sausage, Roasted Tomato, Hash Brown & Beans (VG)
Baked Potato with Baked Beans & Grated *Cheese (V) (GF)

Fruit Jelly or Yogurt (VG)

Wednesday

Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy (GF)
Quorn Nuggets, Roast Potatoes & Seasonal Vegetables (VG)
Baked Potato with Grated *Cheese (V)(GF)

Fruit Fruit or Yogurt (VG)

Thursday

Beef Bolognese with **Pasta & Peas
Tomato Sauce with **Pasta & Peas (VG)
Baked Potato with Grated *Cheese (V)(GF)

Fresh Fruit (VG) or Greek Yogurt with Blackcurrants

Friday

**Breaded Fish Fingers, Oven Chips & Peas
Vegetable Samosa, Oven Chips & Peas (VG)
Baked Potato with Tuna Mayonnaise (GF)

Blueberry Muffin (V) or Fresh Fruit(VG)

Monday

Main Meals

Plain Pasta served with Tomato & Basil Sauce (VG)
Potato & Vegetable Omelette with Sweetcorn (V)(GF)
Baked Potato with *Grated Cheese(V) (GF)

Desserts

Fresh Fruit or Yogurt (VG)

Tuesday

Beef Burger with *Bun & Baked Beans (GF)
Vegetable Burger with *Bun & Baked Beans (V)
Baked Potato with Beans & *Cheese (VG) (GF)

Fresh Orange Wedges or Yogurt (VG)

Wednesday

Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy (GF)
Baked Cheese Pasty Roast Potatoes & Seasonal Vegetables (V)
Baked Potato with Baked Beans VG)(GF)

Fruit Fruit or Yogurt (VG)

Thursday

Bacon & Tomato Pasta Bake with Peas
Pesto **Pasta & Peas (VG)
Baked Potato with Grated *Cheese (V)(GF)

Fresh Fruit (VG) or Strawberry Yogurt with Berries

Friday

**Breaded White Fishcake, Oven Chips & Beans
Vegan Sausage Roll, Oven Chips & Beans (VG)
Baked Potato with Beans & Cheese (GF)

Chocolate Chip Muffin (V) or Fresh Fruit(VG)

Monday

Main Meals

Macaroni Cheese & Green Vegetables (V)
Pesto Pasta & Green Vegetables (VG)
Baked Potato with *Grated Cheese (V) (GF)

Desserts

Fresh Fruit or Yogurt (VG)

Tuesday

Beef Meat Balls, Tomato Sauce Steamed Rice & Carrots (GF)
Vegan Meat Balls in Tomato Sauce with Rice & Carrots (VG)
V GF Baked Potato with Grated *Cheese (V)(GF)

Greek Yogurt with Mango Chunks or Fresh Fruit

Wednesday

Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy (GF)
Vegan Sausage Roll, Roast Potatoes & Seasonal Vegetables (VG)
Baked Potato with Grated *Cheese (V)(GF)

Fruit Fruit or Yogurt (VG)

Thursday

**Pork Sausage, Mash Potato & Mixed Vegetables
Vegan Sausage, Mash Potatoes & Mixed Vegetables (VG)
Baked Potato with Grated *Cheese (V)(GF)

Fruit Jelly & Cream or Yogurt (VG)

Friday

**Breaded White Fish Fillet, Oven Chips & Peas
Vegetable Samosa, Oven Chips & Peas (VG)
Baked Potato with Tuna Mayonnaise (GF)

Blueberry Muffin (V) or Fresh Fruit(VG)

Week 1 :
31/08, 21/09, 12/10, 2/11, 23/11, 14/12
*Vegan Cheese is available upon request
**Gluten Free item available upon request

Week 2 :
7/9, 28/9, 19/10, 9/11, 30/11

Everyday we provide a salad bar and wholemeal bread

Week 3 :
14/9, 5/10, 26/10 (Half Term) 16/11, 7/12
(V) Vegetarian (GF) Gluten Free (VG) Vegan